



# PERSONAL GROWTH AFFIRMATIONS FOR 2026

- 1) In 2026, I fully step into my power and embrace my personal evolution.
- 2) Every day, I grow stronger, wiser, and more confident in who I am becoming.
- 3) I welcome change as a powerful catalyst for personal growth and self development.
- 4) I am open to learning, evolving, and expanding beyond my comfort zone.
- 5) I trust myself to make decisions that support my growth and well-being.
- 6) I release old patterns and beliefs that no longer support my personal growth.
- 7) I am becoming more aligned, intentional, and self-aware every day.
- 8) I trust that every experience is helping me evolve and grow.
- 9) I choose habits, thoughts, and actions that support my self development.
- 10) I approach my personal growth with curiosity, compassion, and courage.